

ST MARY'S CATHOLIC PARISH, STIRLING

Archdiocese of St Andrews & Edinburgh

14th Sunday of the Year
Sunday 5th July 2026



Day	Time	Church	Holy Day	Mass Intention
Sunday, 5 th July	5.30pm (Vigil) 9.00am 10.15am 11.30am 5.30pm	St Mary's Holy Spirit St Mary's St Margaret's St Margaret's	St. Maria Goretti	James and Catherine Lindsay (RIP) George Tortolano (RIP) Catherine & Robert Millar (RIP) People of the parish Pat Reade
Monday, 6 th July	10.00am 7.00pm	St Mary's St Margaret's		Angela Fullerton (RIP) & Paul Tortolano 70 th Birthday David Hopkins
Tuesday, 7 th July	10.00am	Holy Spirit		Graham Hill (RIP)
Wed, 8 th July	10.00am 7.00pm	St Mary's Holy Spirit		Margaret Smart Linda & Chris McQue
Thursday, 9 th July	10.00am	St Mary's		Stuart Young's Intentions
Friday, 10 th July	10.00am	St Margaret's	Our Lady of Aberdeen St. Augustine Zhao Rong & Companions. Sea Sunday	
Sunday, 12 th July	5.30pm (Vigil) 9.00am 10.15am 11.30am 5.30pm	St Mary's Holy Spirit St Mary's St Margaret's St Margaret's		Nora Freer (RIP) Alan Rennie (RIP) Anthony Bundy (RIP) Joseph Tait (RIP) People of the parish
Confessions:	Before every weekday Mass <u>There will temporarily be no confessions Saturday mornings.</u> 4.45-5.20pm - Saturday			
Exposition	6.00pm – 7.00pm - Monday & Wednesday 9.00am – 10.00am - Tuesday <u>There will temporarily be no Exposition or Benediction Saturday mornings.</u>			
St Mary's Church is open Monday to Saturday from 9am for private prayer				

ST MARY'S CATHOLIC PARISH, STIRLING

The Parish Office can be contacted on 01786 473749 or admin.stmarystirling@staned.org.uk

Parish Office Address: St Mary's Church, Upper Bridge Street, Stirling, FK8 1ES

Holy Spirit, McGrigor Road, St Ninian's FK7 9BL

St Margaret of Scotland, Drip Road, Raploch FK9 4UA

Website: www.catholicstirling.org

Facebook: St Mary's Catholic Parish Stirling

Parish Clergy:

Father Scott Deeley (Administrator) frscott.deeley@staned.org.uk Tel no. 01236 822136

Father Philip Uguru (Priest in Residence)

Father Federico Dundas SOCSJ (University Chaplain) fdundas@socsj.org

Whilst we recruit a new Parish Secretary the office may not be manned during the day. Please call and leave a voicemail or e-mail and someone will reply in due course. Many thanks for your understanding in this time.

Baptisms: To register your child for baptism, email admin.stmarystirling@staned.org.uk. Baptism preparation courses will be held once every three months, the next one will be in September. Please register with the parish office. Baptisms will take place on Saturday or Sunday, by arrangement.

Marriages: Couples resident in the parish should contact the office at least six months prior to their proposed wedding to discuss the required preparations.

Hospital Chaplains: Canon Pat Boylan is the co-ordinating chaplain for the Forth Valley Royal Hospital. He can be contacted on 01324 823310 or 07731 763 228.

READINGS FOR MASS

First reading

Zechariah 9:9-10

‘Behold, your king is coming to you, humble.’

Thus says the Lord: Rejoice greatly, O daughter of Sion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth.

Responsorial Psalm

Ps 145(144):1-2. 8-9. 10-11. 13c-14. *R* cf. 1

I will bless your name for ever, my God and king.

Second reading

Romans 8:9, 11-13

‘If by the Spirit you put to death the deeds of the body, you will live.’

Brothers and Sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

Gospel

Matthew 11:25-30

‘I am gentle and lowly in heart.’

At that time Jesus declared, ‘I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

PARISH NOTICES

May the choirs of Angels come to greet you; may they speed you to paradise



*Of your charity, please pray for the soul of Anne Brady (RIP) who died recently.
May she rest in peace.*

Please pray for the sick and the housebound of the Parish

Please continue to remember in your prayers the members of the parish who are sick and housebound and so unable to join us for the celebration of the Eucharist: Bobby Brown, Anthony Stafford, Jeannette Simpson, Carolanne Quinn & Ruby Quinn, Irene Bett & Mary Bett, Bennie Tortolano (*Torbrex*), Margaret O'Rourke, and John Mathieson. If you know of someone who cannot make it to Mass due to sickness, please complete the new form required which you will find at the back of each Church or contact the Parish Office. **Hospital Stay:** If you or your loved ones are admitted to Hospital, please let the Parish Office know and we will arrange for the Hospital Deacon to visit with Holy Communion. **Sick and Housebound:** Please contact the Parish Office if you would like to receive Holy Communion and we will co-ordinate with the Extraordinary Ministers of Holy Communion to arrange this for you.

Sunday Collection

The collection combined over the three churches on 28th June was £1463.50. The weekly donations via Standing Orders: £1200. Thank you for your continued generosity! Also, if more convenient you can donate using this QR Code for online contactless payment to the Church – a copy of which is also on each Church Noticeboard.



- A second collection will be taken up at **Holy Spirit** this Sunday for Peter's Pence as this was omitted last week.
- Kindly note that on Sunday 12th of July a second collection will be taken up for Stella Maris.

14th Sunday of Ordinary Time

The different founders of 'world religions' offer different things to a prospective adherent. The Buddha, Mohammed and Confucius do offer understanding and inner peace to those who follow their teachings. But Christ offers something of a different order altogether. He tells us that no one knows the Father except Him and those to whom He chooses to reveal the Father. This idea of God being a Father was something new to the world. When Jesus addressed God as Father it shocked some of His hearers. It is so familiar to us but let's never take it for granted that God wishes to be known as Father. We are reminded of the unusualness of this at every Mass when the priest reminds us that 'we *dare* to say, 'Our Father

Saturday Morning Mass

There will be no morning Mass, Confession or Adoration and Benediction on Saturday mornings at St. Mary's until further notice.

Congratulations

Congratulations to Molly Dawson and Callum MacDonald who were married in Saint Mary's on Saturday 4th of July. We wish them a long and happy life together.

Stella Maris- Sea Sunday

On the 12th of July, churches around the world celebrate Sea Sunday, a day for people to come together to pray for seafarers, fishers, and all who work at sea, and thank them for the vital role they play in our lives. A special collection will be taken up at every church on this Sunday to provide pastoral and practical support to seafarers.

Lourdes Coffee Morning

The Lourdes coffee morning will pause over the summer. The final one takes place on Thursday 2nd of July and will resume on Thursday 13th of August.

Thank You

Rena Morrison would like to thank parishioners from all three churches for the lovely gifts and flowers received on the occasion of her recent birthday.

Parish Office

The parish office will be open during the usual hours, from Tuesday to Thursday, 10:00am to 3:00pm. We are very grateful for the generous assistance of a team of three parish volunteers who will be helping, at least provisionally, over the next two months during this transition.

Newsletter available online on the Facebook page or Parish website. The newsletter is produced and printed by St Mary's Catholic Parish, Stirling

The Parish of St Mary's, Stirling is a Parish in the Archdiocese of St Andrews & Edinburgh.
The Archdiocese of St Andrews & Edinburgh is a registered charity in Scotland. Charity no. SC008540

Supporting Parish Life

Social events and gatherings are an important part of the life of any parish community. They bring people together in friendship and faith, strengthen the bonds between us, and help create a welcoming and vibrant parish family. They also provide valuable support for important parish projects and initiatives across our three churches. The social life of the parish must continue to develop through events and gatherings which support projects such as the redecoration of St Margaret's Church, the St Mary's building fund, and the Holy Spirit garden appeal. If you have an idea for a social or fundraising event — or would be willing to help organise or support one — we would be very pleased to hear from you. On a similar note, the continued life and mission of the parish depends greatly upon the generosity of volunteers. There remains a real need for people willing to offer their time and talents in practical, liturgical, and pastoral roles across the parish. Posters in our churches outline some of the areas where help is currently needed, and we encourage parishioners to consider whether they may be able to become involved. If you would like to help in any way, or would like to discuss an idea, please contact admin.stmarystirling@staned.org.uk. Your support makes a real difference to the strength and future of our parish community.

Parish Finance Committee Appeal

The continued life and mission of the parish depends greatly on your generosity and support. Regular giving helps meet the ongoing costs of ministry, maintenance, and the day-to-day running of our three churches. Your continued support has been deeply encouraging. However, as was mentioned in the appeal from the Finance Committee, the cost of running the parish – like anything in life these days – is not getting any cheaper – and so please do take a moment to review your current standing order or planned giving arrangements and consider whether they are still up to date, bearing in mind the banking arrangements have changed to the Royal Bank of Scotland. If you are set up for the Bank of Scotland, please amend this as soon as possible. Even small changes can make a significant difference over time. If you are a UK taxpayer and not already enrolled in **Gift Aid**, please consider doing so — it increases the value of your donation by 25% at no additional cost to you. Standing Order and Gift Aid forms are available at the back of the churches. Anything that you can give is very much appreciated. Thank you for your ongoing generosity and support. **Please Note:** These changes do not affect the 500 Club Standing Orders, there will be more information on that arrangement later in the year.

Parish Prayer Network

“The harvest is plentiful, but the labourers are few.”

Many people in our parish are in need of prayer. Would you be the one to join us? We pray from our own homes and stay connected via WhatsApp. If you can spare just 15–20 minutes a day, you can make a real difference — both in the lives of others and in your own — while pleasing our loving God. Text 07503 342275 for details.

Parish Rosary

The Rosary is prayed each Wednesday morning in St Mary's before the 10.00am Mass. This led Rosary is an opportunity for parishioners to gather in prayer and devotion to Our Lady, entrusting our intentions, our parish, and our families to her care. Those who are sick or housebound are also able to join from home via the livestream. In a busy world, coming together in prayer is an important part of the life of the parish. Why not consider setting aside this time each week to deepen your devotion to Our Lady and draw closer to Our Lord through this beautiful prayer of the Church.

OTHER NOTICES

Visit of relics of St Gerard Majella

The relics of St Gerard Majella will be at St Patrick's Church, The Cowgate, Edinburgh, on Saturday 18 July. Entrance of the relics at 10:00am with devotions and talk, Exposition of Blessed Sacrament at 11:30am. Mass at 12:30pm followed by blessing with the relics

Brecbannoch Pilgrimage 2026

A pilgrimage to pray for the renewal of the Faith in Scotland, from 31 July to 3 August, with a walk across the Isle of Mull, returning the relics of St Columba to Iona. Discounts are available for students and under-22s, and under-5s go free. Visit brecbannoch.co.uk